

2023

MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION

Paper : CC-401

Full Marks : 70

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own words  
as far as practicable.*

1. Define Test, Measurement and Evaluation. Explain the principles of effective Evaluation in the field of Physical Education. 9+6

*Or,*

Discuss the importance of Test, Measurement and Evaluation in Physical Education with suitable examples from practical field. 15

2. Define Validity, Reliability, Objectivity and Norms with suitable example from Physical Education and Sports. Explain the steps of advance preparation to administer a Test. 8+7

*Or,*

Classify different types of tests. Write the difference between 'Motor Fitness Test' and 'Sports Skill Test'. 7+8

3. Define Physical Fitness Test. Discuss the AAHPERD Health Related Physical Fitness Test in detail. 3+12

*Or,*

Explain the process of JCR Test. Discuss in details about the 'Tattle Pulse Ratio Test'. 9+6

4. Write short notes on **any two** of the following : 7½×2

- (a) Russel-Lange Volleyball test
- (b) Lockhart and McPherson Badminton Test
- (c) Schmithal-French Field Hockey Test
- (d) Johnson Basketball Test.

5. Choose the correct option for following MCQs and write the correct answer on your answer script (**any ten**) : 1×10

- (a) McDonald's soccer test involves
  - (i) Volleying and kicking the soccer ball against a backboard over a distance.
  - (ii) Volleying the soccer ball and also kicking a soccer ball over a distance on field.

**Please Turn Over**



- (k) What is the full form of AAHPERD?
- (i) Australian Alliance for Health, Physical Education, Recreation and Dance
  - (ii) American Association for Health, Physical Education, Recreation and Dance
  - (iii) American Alliance for Health, Physical Education, Recreation and Dance
  - (iv) None of the above.
- (l) Which of the following fitness components is considered as skill related physical fitness component?
- (i) Balance
  - (ii) Muscular endurance
  - (iii) Cardio-respiratory fitness
  - (iv) Flexibility.
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