Ed(PB)-4th Sm.-Measure. & Evaluation in Phy. Edu.-CC-401

## 2023

# MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION Paper : CC-401 Full Marks : 70

The figures in the margin indicate full marks. Candidates are required to give their answers in their own words as far as practicable.

 Define Test, Measurement and Evaluation. Explain the principles of effective Evaluation in the field of Physical Education.

#### Or,

Discuss the importance of Test, Measurement and Evaluation in Physical Education with suitable examples from practical field.

 Define Validity, Reliability, Objectivity and Norms with suitable example from Physical Education and Sports. Explain the steps of advance preparation to administer a Test.

Or,

Classify different types of tests. Write the difference between 'Motor Fitness Test' and 'Sports Skill Test'. 7+8

3. Define Physical Fitness Test. Discuss the AAHPERD Health Related Physical Fitness Test in detail.

3+12

 $7\frac{1}{2} \times 2$ 

### Or,

Explain the process of JCR Test. Discuss in details about the 'Tattle Pulse Ratio Test'. 9+6

- 4. Write short notes on any two of the following :
  - (a) Russel-Lange Volleyball test
  - (b) Lockhart and McPherson Badminton Test
  - (c) Schmithal-French Field Hockey Test
  - (d) Johnson Basketball Test.

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- 5. Choose the correct option for following MCQs and write the correct answer on your answer script (any ten):
  1×10
  - (a) McDonald's soccer test involves
    - (i) Volleying and kicking the soccer ball against a backboard over a distance.
    - (ii) Volleying the soccer ball and also kicking a soccer ball over a distance on field.

## **Please Turn Over**

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(iii) Volleying the soccer ball, kicking a soccer ball over a distance and dribble for speed.			
(iv) Kicking a soccer ball over a distance, dribble for speed.			
(b) AAHPER Youth Physical Fitness Test is for measuring			
	(i) General motor ability	(ii)	Motor fitness
	(iii) Motor educability	(iv)	All of these.
(c) In Harvard Step Test PEI stands for:			
	(i) Physical Effectiveness Index	(ii)	Physical Efficiency Index
	(iii) Physical Education Index	(iv)	Physical Efficiency Indicator.
(d) Which test is a component of Indiana Motor Fitness Test for college men?			Motor Fitness Test for college men?
	(i) Shuttle run	(ii)	Flexed Arm Hang
	(iii) Standing Broad Jump	(iv)	60-Yard Dash.
(e)	A predictive test of VO <sub>2</sub> max is :		
	(i) Indiana Motor Fitness Test	(ii)	Tattle Pulse Ratio Test
	(iii) Harvard test	(iv)	JCR Test.
(f)	A treadmill is used for measuring	:	
	(i) Speed	(ii)	Power
	(iii) Work done in running	(iv)	Force.
(g) In AAHPER Youth physical fitness test, the '50-Yard Dash' test item is used to			t, the '50-Yard Dash' test item is used to measure:
	(i) Speed	(ii)	Flexibility
	(iii) Cardio-Vascular Endurance	(iv)	Agility.
(h) Which of the following test is used to determine cardio-vascular efficiency?			
	(i) Harvard Step Test	(ii)	Cooper's Test
	(iii) Margaria Step Test	(iv)	Bench Test.
(i)	Which of the following is a comp	onent	of health related physical fitness?
	(i) Flexibility	(ii)	
	(iii) Power	(iv)	•
(j)			
07	(i) Validity		Paliability
	•	(ii)	Reliability
	(iii) Objectivity	(iv)	Economy.

- (k) What is the full form of AAHPERD?
  - (i) Australian Alliance for Health, Physical Education, Recreation and Dance
  - (ii) American Association for Health, Physical Education, Recreation and Dance
  - (iii) American Alliance for Health, Physical Education, Recreation and Dance
  - (iv) None of the above.
- (1) Which of the following fitness components is considered as skill related physical fitness component?
  - (i) Balance (ii) Muscular endurance
  - (iii) Cardio-respiratory fitness (iv) Flexibility.